

# 9th Annual Region 1 Seattle Clinic

Saturday August 11th, 2018

Seattle, Washington

Lincoln Park, West Seattle

We are pleased to announce the Region 1 Seattle Clinic. This event is open to all current World Tang Soo Do Association Members. The clinic is open to all ranks age 8 and above. This event will give participants an opportunity to focus their training for a whole day on a variety of topics and will help us build strength and unity as WTSDA members. We hope you will join us in this memorable event. We have chosen Lincoln Park in West Seattle as the site for this year's event. It will be a great spot to gather and train.

This year we are pleased to have as our special guest

Master Dan Jansa 6th Dan

Master Mary Treacy Jansa 4th Dan

Both from

Eagle Academy of Martial Arts

In Warrenville, IL

In this packet you will find:

Clinic Information

Clinic Registration & T-shirt Order Form

Schedule of events

This is a full day event planned to give you more advanced training.  
**If you choose to attend, attendance to the entire day is required. 9am to 4pm**  
Directly following the clinic will be a cookout.

For more information, please contact the clinic host:

Mark Taylor, Sa Dan  
3241 41<sup>st</sup> Avenue SW  
Seattle, WA 98116  
Phone: 206 650 2034  
Email: [mwt@pugetsoundtangsoodo.com](mailto:mwt@pugetsoundtangsoodo.com)

World Tang Soo Do Association  
**2018 Region 1 Seattle Clinic**  
**Official Entry Form**  
**August 11<sup>th</sup>, 2018**

Name \_\_\_\_\_ Association # \_\_\_\_\_ Rank \_\_\_\_\_ -Circle one-  
 Gup Dan  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone (day) \_\_\_\_\_ (Evening) \_\_\_\_\_ e-mail \_\_\_\_\_  
 Studio Name \_\_\_\_\_ Instructor's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 Gender M / F (circle one)

**WAIVER OF CLAIMS**

I, the undersigned, do hereby agree to abide by the rules, which may be explained verbally or in writing, at the 2018 WTSDA Region 1 Seattle Clinic. I recognize that Tang Soo Do and other forms of the martial arts are activities in which substantial physical contact can and will occur and that such contact may result in physical injury. In consideration of my participation in any activities held by or on behalf of the 2018 WTSDA Region 1 Seattle Clinic, I, for myself and my successors, heirs, and assigns, do hereby release and discharge the World Tang Soo Do Association, Mark Taylor, , and the Seattle Parks Dept, their representatives/agents, my own studio, from any or all claims, demands, and causes of action of whatsoever nature which I or my successors, heirs and assigns ever may have against them for, on account of, by reason or arising in connection with any Martial Arts instruction, participation, or any other activity held by or on behalf of the 2018 WTSDA Region 1 Seattle Clinic and hereby waive any claims, demands and causes of action. I agree that my performance or attendance at the 2018 WTSDA Region 1 Seattle Clinic may be filmed or otherwise recorded or telecasted live and I consent to the use of my likeness to be used by any appointed agent of the WTSDA, including any public news media. I waive any right to compensation for the use of my likeness recorded at any WTSDA event forever.

Participant signature \_\_\_\_\_ Parent or Guardian (if participant is under 18) \_\_\_\_\_ Date \_\_\_\_\_

**Registration:** \$40.00 if postmarked by July 27th  
 \$50.00 After July 27th

**Clinic T-Shirts:** \$20  
 (T-shirt Orders must be received before July 27th)

**Cookout:** Included in Registration

Make checks or money order payable to:  
 WTSDA Region One

Mail all registrations to:  
 WTSDA Region 1  
 4100 SW Edmunds #226  
 Seattle, WA, 98116

Register online at:  
<http://www.wtsda-region1.org>

ITEM	COST			TOTAL
Registration				_____
T-Shirt	(Children sizes only S/M/L)			
	<u>Qty</u>	<u>Size (S M L XL XXL)</u>	<u>Child/Adult</u>	
	_____	_____	_____	_____
	_____	_____	_____	_____
	_____	_____	_____	_____
Cookout	Free	X _____		_____
	<b>TOTAL</b>			_____

# Schedule of Events

Saturday, August 11th, 2018







## WTSDA Region 1 Seattle Clinic

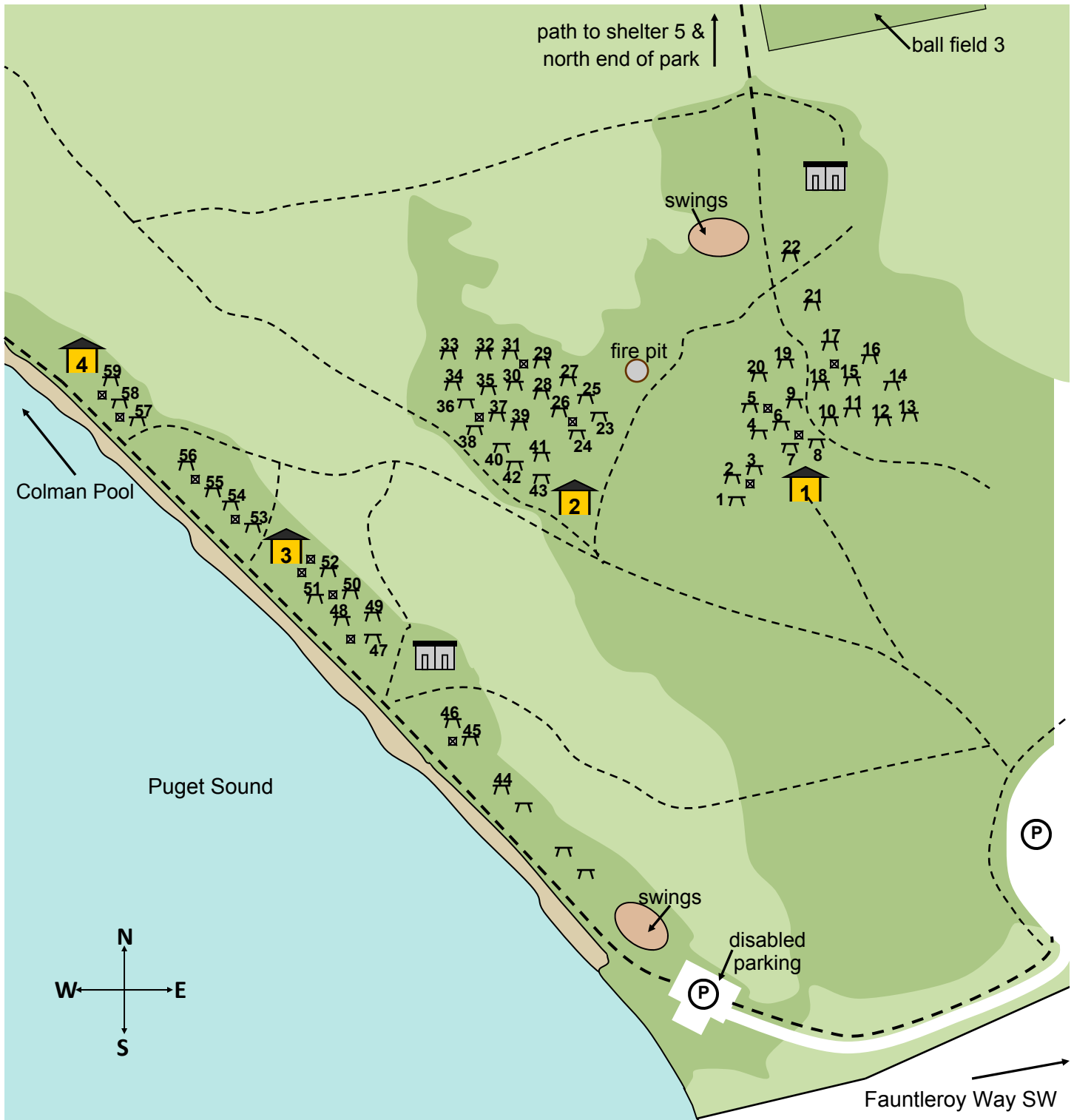
Location: Lincoln Park, (Shelter 1) West Seattle

8:15 am	Plan to arrive at park
8:30 am	Bow-In
8:30 am to 9:15 am	Ki-Kong training (Master Taylor)
9:15 am to 9:30 am	Warm-up: (TBD)
9:30am 10:45am	Session 1: Session 1A: Ages-14 and under- Kids Drills/Teaching (Mary Jansa) Session 1B: Ages-14 and over- Pressure Points (Dan Jansa)
10:45 to 11:00am	Break
11am to 12:15pm	Session 2: Session 2A: Ages-14 and under- Hapkido Skills (Dan Jansa) Session 2B: Ages-14 and over- Hapkido Skills (Mary Jansa)
12:15pm to 12:45pm	Light lunch (Provided)
12:45pm to 2pm	Session 3: Knife skills (Mary Jansa)
2:00pm to 2:15pm	Break
2:15pm to 3:30pm	Session 4: Cane Techniques (Dan Jansa)
3:30pm to 5:00pm	Cookout

# LINCOLN PARK Shelters 1, 2, 3, 4

8011 Fauntleroy Way SW  
Seattle, WA 98136

-  Picnic Table
-  Picnic Shelter
-  Pedestrian Pathway
-  Restroom
-  Parking Lot
-  BBQ Grill



# LINCOLN PARK

8011 Fautleroy Way SW  
Seattle, WA 98136

## I-5 North/Southbound:

Take the West Seattle exit.  
On the West Seattle Bridge, follow the signs  
to Fautleroy Way SW.  
Continue going straight on Fautleroy Way SW until  
you reach the park.  
The park is on the right-hand side of the street just  
before the Vashon Ferry Terminal.  
There is parking in the first parking lot on  
the right.

